

September Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day Cookout at the Club!	2 Chicken, rice, green beans, fruit	3 Spinach lasagna, salad, garlic bread	4 Meatloaf, watermelon, mashed potatoes <hr/> Tacos	5 Leftovers	6 Chicken salad sandwiches and chips
7	8 Tuna casserole, fruit <hr/> Vegetable soup, grilled cheese	9 Grilled tilapia, fries, steamed carrots	10 Hamburger patties, mac 'n' cheese, broccoli rolls Birthday Celebrations!	11 Black bean burgers, fries, apple slices <hr/> Sandwiches, chips	12 Leftovers	13 SHAC lunch
14	15 BBQ sandwiches, fries, slaw <hr/> Corn dogs	16 Vegetarian spaghetti, salad, bread	17 Stir fry veggies w/rice	18 Tacos and rice <hr/> Hot dogs and fries	19 Leftovers	20 Grilled cheese and tomato soup
21	22 Broccoli casserole, grilled chicken <hr/> Cheese burgers	23 Chicken pot pie, baked potato	24 Homemade pizza, salad	25 Red beans and rice <hr/> Chili and grilled cheese	26 Leftovers	27 Tuna Salad Sandwiches Chips, Pickle
28	29 Spinach salad, blue cheese, walnuts, strawberries <hr/> Pork chops, applesauce	30 Sloppy joes, fries, slaw	31			